## **CAPTAIN'S SPREAD SHEET**

WRITE DOWN TEAM MEMBERS NAMES AND RECORD THEIR WEEKLY MEDAL COUNTS BELOW.

REMEMBER CAPTAINS TO EMAIL YOUR WEEKLY MEDAL COUNT on Sunday night TO: movemillermove2012@yahoo.com

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G=GOLD

S=SILVER

B= BRONZE

0= NO MEDAL ACHIEVED THIS WEEK

							TOTAL THIS WEEK	TOTAL FROM BEGINNING
EXAMPLE	S	G	В	S	0	S		
WEEK #1								
WEEK #2								
WEEK #3								
WEEK #4								
WEEK #5								
WEEK #6								
WEEK #7								
WEEK #8								
TOTALS								

## STEPS TO FORMING A TEAM

- 1. Get 6 of your friends, family or co workers together
- 2. If you want to be part of a team but need members please indicate on registration form and we have plenty of people who are looking for a team to belong to that we will match you up.
- 3. Select a captain
- 4. Name your team example "Team USA" "Team Miller"
- 5. <u>Every Sunday</u> email or call your medal count into your captain keep adding up your medals as the week goes on....
  - a. Example week one medal Bronze, week 2 bronze, week 3 silver etc.
- 6. Captain will email team total to: <a href="move@yahoo.com">movemillermove@yahoo.com</a> or call total to 853-2679 (Chris' number)
- 7. We plan to post the team medal counts at both schools, downtown Miller and also in the paper. Only the team name will appear.
- 8. Plan to walk with your team at the opening ceremony Friday night October 5<sup>th</sup> at 6:30 pm (prior to the Miller Rustler Football game) if you would like to make a little sign with your teams on it that would be great to carry on your lap.
- 9. Encourage one another and have a great time.
- 10. All Medal final counts due Wednesday December 3<sup>rd</sup>-email to <a href="movemblermove2012@yahoo.com">movemillermove2012@yahoo.com</a>
- 11. Closing ceremony –watch for further details

TEAM CAPTAIN WE HAVE A EASY CHART FOR YOU TO RECORD YOUR TEAMS MEDAL COUNTS-SO IF YOU ARE A CAPTAIN BE SURE TO PICK UP THAT FORM AS WELL.